

Even if you don't remember your dreams, but would like to,  
this workshop is for you.

# Creativity & Dreams

*A workshop designed for people who wish to deepen the  
connection between their dreams and their creative expression*

**SATURDAY, NOVEMBER 28, 2009 • 9:30–4:30 • \$75 (work exchanges available)**

*After a brief introduction to working with dreams in a group setting, we will  
explore three or four volunteered dreams using collaborative dreamwork and selected  
expressive modes, such as writing, drawing, or movement, to illuminate the  
transformative power of dreams.*

## *What to Bring:*

- ◆ comfortable clothes
- ◆ bag lunch
- ◆ a dream (optional)

## *This Workshop Will:*

- ◆ release your creativity
- ◆ increase your self-awareness
- ◆ awaken your power to make change

*To register, call* **831-425-8167**

*or email* [mnhudson@pacbell.net](mailto:mnhudson@pacbell.net)

[www.marshahudson.com](http://www.marshahudson.com)

FACILITATED BY

**Marsha Hudson, Ph.D.**



**Marsha Hudson, Ph.D.** is a certified dream work facilitator, social activist, and writer. She has studied projective dream work with Jeremy Taylor and is a member of the International Association for the Study of Dreams. Dr. Hudson holds a doctorate in comparative literature from UC Berkeley and is co-editor of *The Berkeley Literary Women's Revolution: Essays from Marsha's Salon* (MacFarland, 2005.)